



CATALYST DANCE STUDIO

SEPTEMBER 2024 — MAY 2025



MONDAYS

- 4:30-5:00 PRESCHOOL/PETITE HIP HOP (3-7)
- 4:45-5:45 IMPROVISATION (10+ JUNIOR & TEEN/SENIOR)
- 5:00-5:45 MINI HIP HOP (7-9)
- 5:45-6:30 PETITE COMBO CLASS (5-7)
- 5:45-6:30 JUNIOR HIP HOP (10-12)
- 6:30-7:15 PETITE/MINI BEGINNER BALLET (5-9)
- 6:30-7:30 TEEN/SENIOR HIP HOP (13-18)
- 7:15-8:00 MINI/JUNIOR MODERN (7-12)
- 7:30-8:15 LATIN STYLES (13+ TEEN/SENIOR & ADULT)
- 8:00-8:45 JUNIOR TAP (10-12)
- 8:15-9:00 ADULT HIP HOP (18+)

TUESDAYS

- 4:15-4:45 PRESCHOOL COMBO CLASS (3-5)
- 4:30-5:15 MINI/JUNIOR TECHNIQUE (7-12)
- 4:45-5:15 PRESCHOOL/PETITE PRE-BEGINNER BALLET (3-7)
- 5:15-6:00 MINI JAZZ (7-9)
- 5:15-6:00 JUNIOR JAZZ (10-12)
- 6:00-6:30 PRESCHOOL/PETITE MUSICAL THEATER (3-7)
- 6:00-7:00 TEEN/SENIOR LYRICAL (13-18)
- 6:30-7:15 MINI/JUNIOR MUSICAL THEATER (7-12)
- 7:00-8:00 TEEN/SENIOR JAZZ (13-18)
- 8:00-9:00 TEEN/SENIOR TAP (13-18)

WEDNESDAYS

- 4:30-5:00 PRESCHOOL COMBO CLASS (3-5)
- 4:45-5:45 MINI/JUNIOR INT BALLET (7-12)
- 5:00-5:45 PETITE COMBO CLASS (5-7)
- 5:45-6:30 MINI/JUNIOR CONTEMPORARY (7-12)
- 5:45-6:30 ALL CAN DANCE (5-18)
- 6:30-7:15 MINI TAP (7-9)
- 6:30-8:00 PRE-ADVANCED BALLET & PRE-POINTE (10+ JUNIOR & TEEN/SENIOR)
- 8:00-9:00 TEEN/SENIOR MODERN (13-18)

THURSDAYS

- 4:15-5:00 MINI/JUNIOR LYRICAL (7-12)
- 5:00-6:00 TEEN/SENIOR TECHNIQUE (13-18)
- 6:00-7:00 TEEN/SENIOR CONTEMPORARY (13-18)
- 7:00-8:00 PRE-ADVANCED BALLET & PRE-POINTE (10+ JUNIOR & TEEN/SENIOR)
- 7:00-8:30 ADV BALLET (10+ SELECT INVITE ONLY STUDENTS) — JUNIOR & TEEN/SENIOR
- 8:30-9:00 POINTE (10+ SELECT INVITE ONLY STUDENTS) — JUNIOR & TEEN/SENIOR

FRIDAYS

- 9:30-10:00 DANCE WITH ME (1-3 WITH PARENT/CAREGIVER)
- 10:00-10:30 PRESCHOOL COMBO CLASS (3-5)

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