

NOOK GYMNASTICS

**SPOOKY NOOK LANCO
1901 MILLER ROAD, EAST PETERSBURG**

REGISTRATION

- Pre-registration is REQUIRED!
- Each registration is a 4 week session
- Registration options are flexible and run on a month-month basis.
- Please register for EACH month you plan to attend. Classes fill quickly, so please register early!

ONCE YOU ARRIVE

- NEW! We are moving towards ELECTRONIC check in for class attendance! All preregistered participants MUST check in at this table prior to heading to the gym area. Anyone NOT registered for class MUST first complete their registration before they will be permitted to check in for class.
- Once you've been checked in, proceed straight down the hall past the Front Desk and the batting cages to the gate entrance
- There are cubbies along the wall on the right for coats and shoes. Students and parents wait outside the gate for their instructor(s).
- Once instructors take students to stretch, parents/siblings remain on the bleachers
- If your student is in a Tiny Cat lesson, a parent or guardian MUST participate in class and go into the gym with the instructor. You do not need to remove your shoes and you may want to wear comfortable clothing.
- A parent or guardian must be present at the conclusion of the lesson or students will remain with Nook staff until picked up
- No unauthorized parents/personnel in the gymnastics area while lessons are in progress
- Please refrain from videoing lessons and make your best attempt to only include your child in photos

WHAT TO WEAR

- Students can wear a leotard but shorts/leggings & a t-shirt are acceptable (just not too baggy)
- No shoes or socks required for gymnastics students.
- Please have long hair pulled back
- No jewelry may be worn (small earrings are acceptable)
- No chewing gum permitted
- Students may carry water bottles with them during their lesson. Clear liquids only!

MAKEUP CLASSES

- Makeup lessons are highly recommended and encouraged
- Makeup lessons can be scheduled up to two months after a missed lesson. They can also be scheduled before the missed lessons
- Makeups do not need to be in the same exact time length or style of class. Gymnastics (Cat) lessons can be made up in tumbling or dance lessons and vice versa.
- If you are unable to make up the lesson, we can prorate the current month or the next month. Make sure to let us know promptly if you want a credit on your account. Remind front desk staff to use credit or prorate when ringing up the next month of lessons. **We cannot honor credit or makeups that are not put on your account within two months of the missed lesson.**

CONTACT US: GYMNASTICS@NOOKSPORTS.COM