

# NOOK GYMNASTICS

SPOOKY NOOK LANCO  
1901 MILLER ROAD, EAST PETERSBURG

## REGISTRATION

- Pre-registration is **REQUIRED!** [Please register prior to the day of your child's class.](#)
- **Registrations the day of your child's class will receive a \$10 fee.**
- Each registration is a 4 week session
- Registration options are flexible and run on a month-month basis.
- Please register for **EACH** month you plan to attend. **Classes fill quickly, so please register early to avoid the additional \$10 fee!**



## ONCE YOU ARRIVE

- **NEW!** We are moving towards **ELECTRONIC** check in for class attendance! All preregistered participants **MUST** check in at this table prior to heading to the gym area. Anyone **NOT** registered for class **MUST** first complete their registration before they will be permitted to check in for class.
- Once you've been checked in, proceed straight down the hall past the Front Desk and the batting cages to the gate entrance
- There are cubbies along the wall on the right for coats and shoes. Students and parents wait outside the gate for their instructor(s).
- Once instructors take students to stretch, parents/siblings remain on the bleachers
- If your student is in a Tiny Cat lesson, a parent or guardian **MUST** participate in class and go into the gym with the instructor. You do not need to remove your shoes and you may want to wear comfortable clothing.
- A parent or guardian must be present at the conclusion of the lesson or students will remain with Nook staff until picked up
- No unauthorized parents/personnel in the gymnastics area while lessons are in progress
- Please refrain from videoing lessons and make your best attempt to only include your child in photos

## WHAT TO WEAR

- Students can wear a leotard but shorts/leggings & a t-shirt are acceptable (just not too baggy)
- No shoes or socks required for gymnastics students.
- Please have long hair pulled back
- No jewelry may be worn (small earrings are acceptable)
- No chewing gum permitted
- Students may carry water bottles with them during their lesson. Clear liquids only!

## MAKEUP CLASSES

- Makeup lessons are highly recommended and encouraged
- **NEW FOR 2024! Makeup lessons will now be held on designated Saturdays each month. Make-up lessons will begin at 10:30am and run the allotted amount of class time for each specific class (see online winter schedule for dates).**
- If you are unable to make up the lesson, we can prorate the current month or the next month. Make sure to let us know promptly if you want a credit on your account. Remind front desk staff to use credit or prorate when ringing up the next month of lessons. **We cannot honor credit or makeups that are not put on your account within one month of the missed lesson.**

CONTACT US: [GYMNASTICS@NOOKSPORTS.COM](mailto:GYMNASTICS@NOOKSPORTS.COM)