

SPORTS PERFORMANCE PACKAGES



MEMBERSHIP RATES

AGE	2 DAYS/WEEK	3 DAYS/WEEK	4 DAYS/WEEK
Youth (8-12 years old)	\$115/month	\$160/month	\$215/month
Developmental (13-17 years old)	\$155/month	\$220/month	\$285/month
Collegiate (18-24 years old)	\$175/month	\$250/month	\$325/month

PERSONAL TRAINING RATES

PAID IN FULL	
NUMBER OF SESSIONS	PRICE
1-4 sessions	\$60/session
5 sessions	\$290
10 sessions	\$560
24 sessions	\$1,200
36 sessions	\$1,692
72 sessions	\$3,168
144 sessions	\$6,048

FINANCED OPTIONS		
NUMBER OF SESSIONS	PRICE	BREAKDOWN
3 months 2x per week	\$400/month	24 sessions (\$50/session)
3 months 3x per week	\$564/month	36 sessions (\$47/session)
6 months 2x per week	\$360/month	48 sessions (\$45/session)
6 months 3x per week	\$528/month	72 sessions (\$44/session)
9 months 2x per week	\$352/month	72 sessions (\$44/session)
9 months 3x per week	\$528/month	108 sessions (\$44/session)
12 months 2x per week	\$344/month	96 sessions (\$43/session)
12 months 3x per week	\$504/month	144 sessions (\$42/session)

*Membership discounts eligible after 24 sessions

SPECIALIZED TRAINING

DARRYL DANIELS	
Copper	\$50
Bronze	\$60
Silver	\$70
Gold	\$80
Platinum	\$100

LIFEBALANCE	
8 sessions	\$280
16 sessions	\$480
24 sessions	\$672

NOOK RX'D	
1 session (member)	\$5
1 session (non-member)	\$15
Adult member	\$39.95/month
Adult non-member	\$59.95/month

MEMBERSHIP SESSIONS	
1 session	\$20
10 sessions	\$199

*10 sessions do not have an expiration date